

Where Miracles Happen Every Day

2019 COMMUNITY IMPACT REPORT



Our Mission

Helping our community's most vulnerable with solutions that permanently improve lives.

Vision

We affirm the worth and dignity of all to realize their God-given potential, and we aspire to be the human service agency of choice through quality services, innovation, parish engagement and community partnerships.

The year 2019 marked new territory for Catholic Charities, and it was an honor to share the journey with you. Not only did you support us in continuing our work with the most vulnerable, you helped us expand some of that work including:

- New service locations for our Westside Head Start early education programs
- Continued follow up for our MANA
 House veteran clients to ensure their independent living goes well
- Additional locations for our re-entry program for those leaving jail in Northern Arizona
- Broke ground on the first-of-itskind overnight shelter for those experiencing homelessness in Bullhead City, with a summer 2020 open date.

But Catholic Charities is more than just "programs" or "services." We are about restoring dignity to the veteran who is suffering from PTSD and lost his home; we are facilitating adoption for



the parents who have suffered miscarriages and previous failed adoptions; and providing safe, temporary shelter for the single father who lost his job and is trying to raise his children.

If you wonder what compassion looks like during difficult times take a look in the mirror. Together, we have the unique ability and honor of turning lives around and watching them go from crisis to thriving.

As we enter our 87th year of service, we hope you'll continue to be a significant part of the critical work we do and celebrate with us as each success fills our hearts with joy.

Sincerely in Christ,

PAUL MULLIGAN, MBA, MTS

President and CEO

Numbers at Work

20,330

individuals served from July 1, 2018 through June 30, 2019

1,548

families strengthened through parenting education and assistance 415

assisted with foster care training and/or placement

621

individuals helped through counseling





608

helped through My Sisters' Place and Pathways programs for victims of domestic violence

120

women experiencing unexpected pregnancies who received counseling through Joining Hearts

235

victims of prostitution assisted through our DIGNITY Diversion program



4,666

refugees and immigrants assisted

assisted through our re-entry

program to help individuals build a new life after jail

1,196

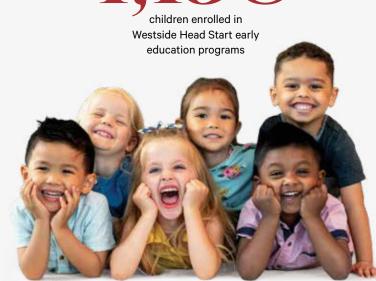
in affordable housing



8,813

youth participants in education, development and peer-leadership through North Star Youth Partnership

1,158



Finances

(July 1, 2018 through June 23, 2019)

INCOME

Federal and state grants

\$25,647,475

Faith-based gifts

Private gifts

\$868,479

\$4,112,344

Program services revenue

\$2,614,316

Total revenue and support

\$35,012,691

EXPENSES

Program and service expenses

\$26,511,048

Fundraising

\$1,380,980

Management and general

\$6,719,455

Total expenses

\$36,611,483

Because of You, Look What We Can Do

Catholic Charities offers 22 programs throughout seven counties in central and northern Arizona. We strive to change the lives for the better of the most vulnerable populations.

DONATE I VOLUNTEER I JOIN OUR TEAM

Community Cupboard

PRESCOTT

Provides an array of food and other items for those in need.

Counseling

MARICOPA COUNTY

Guides individuals, families, adolescents, parents and children in addressing issues of anxiety, depression, domestic violence, grief, pregnancy, sexual or substance abuse and self-esteem.

DIGNITY Diversion

(Developing Individual Growth and New Independence Through Yourself)

Catholic Charities recognizes prostituted women as victims of sex trafficking and helps them rebuild their lives.

Familias Unidas

MARICOPA COUNTY

Provides legal consultation, document preparation and representation to assist U.S. citizens and immigrants with immigration related issues and helps bring immediate family members to the US.

Families FIRST

NORTHERN ARIZONA

Helps parents referred by Department of Child Safety (DCS) overcome substanceabuse issues that affect their ability to care for their children and keep a job.

Foster Care and Adoption

MARICOPA COUNTY, PARTS OF PINAL COUNTY AND NORTHERN ARIZONA

Recruits foster families and assists them with home studies to provide homes for foster children in Arizona.

In-Home Family Support

NORTHERN ARIZONA

Assists families who are referred through DCS for behavioral and anger issues; helps unify the family while assuring the safety of the children.



MARICOPA COUNTY

Master's degree-level counselors help individuals make a life-affirming plan to parent or place their child for adoption.



MANA House and Veterans **Outreach Center**

MARICOPA COUNTY

MANA House (Marines, Army, Navy, Air Force) is a holistic transitional living program for veterans experiencing homelessness.

Medical Loan Closet

PRESCOTT

Provides medical equipment such as walkers and wheelchairs for a nominal donation to low-income elderly, disabled and persons with immediate health needs.



My Sisters' Place

MARICOPA COUNTY

A home-like shelter for individuals and their children fleeing domestic abuse.



North Star Youth Partnership

MARICOPA AND YAVAPAI COUNTIES

Helps youth and teens make healthy life choices that prevent pregnancy, gang activity and substance abuse through programs that build self-esteem, leadership skills and community engagement.

Parents as Teachers

EAST VALLEY

A free in-home visiting program for pregnant women and families with children ages 0-5 to ensure that all children will be school-ready.

Parish and **Community** Engagement

ALL LOCATIONS

Collaborates with individuals and organizations to address the needs of the community's most vulnerable members.

PATH

(Projects for the Assistance in Transition from Homelessness)

COCONINO. MOHAVE AND YAVAPAI COUNTIES

Connects with seriously mentally ill individuals experiencing homelessness and provides referrals for treatment, resources and assists with finding housing.

Pathways MARICOPA COUNTY

The Pathways program moves domestic violence survivors beyond emergency services to provide time and support needed to regain independence and a life free from abuse.

Re-Entry Program

COCONINO AND YAVAPAI COUNTIES

Provides temporary safe, affordable housing for women and men who face homelessness upon release from jail following a minor drug or alcohol related offense(s).

Refugee Resettlement

MARICOPA COUNTY

Provides comprehensive case management and welcomes refugees to the USA by setting up and furnishing an apartment, purchasing groceries, ensuring adequate and appropriate education placement for children.

Resident Services

MARICOPA COUNTY

Provides support and resources for those in Housing for Hope's, an affiliate of Catholic Charities, communities for low-income individuals and families.

Unaccompanied **Minor Foster Care**

MARICOPA COUNTY

Specialized foster care program provides short or long-term services for foreign-born children who have arrived in the United States without a parent or other adult caregiver.

Veterans' Services

COCONINO. MOHAVE AND YAVAPAI COUNTIES

Helps low-income veterans and their families who are experiencing homelessness or are at-risk for homelessness achieve stability through supportive services and assistance, such as helping find VA resources and permanent housing



Westside **Head Start**

WESTERN MARICOPA COUNTY

Provides parents of infants, toddlers and preschoolers with early childhood education and parent support for low-income families or children with disabilities.





A New Life for Layla

In January 2020, Layla* came to Arizona from Ethiopia as an unaccompanied refugee minor. She didn't know any English and had never been to school.

Refugee children, like Layla, have lost or become separated from their parents and relatives due to war or persecution. Many have suffered horrific experiences at young ages in their home countries. As a result, some children are brought to the United States by the U.S. government. Catholic Charities finds, trains and supports caring foster homes for some of these foreign-born children.

Once the children arrive in Arizona, Catholic Charities immediately enrolls them in school and places them in a loving foster homes where they will feel safe and begin a new life in their new country.

Layla found a new home with the Smith* family. The Smiths wanted to become foster parents after learning about fostering unaccompanied refugee minors. They knew they had to do it.

They welcomed Layla with open arms. As a new high school student with no school experience or English language skills, they focused on getting her the tools she needed to help her communicate and catch up with her peers.

Becca Swick, Unaccompanied Refugee Minor Case Manager, is impressed with Smith's commitment to Layla. "The foster family has been extremely active with her education, connecting her with English classes after school twice a week and requesting math tutoring. They noticed her difficulty in knowing the sounds of each letter, and now have gotten her Hooked on Phonics on her phone, which she is speeding through," she said.

In addition to academics, the Smith family wanted Layla to have strong connections to her culture. "In her first week, they took her to the closest Ethiopian grocery store so that they could buy Ethiopian food. While there, they talked to the workers who recommended mosques in the area that share Layla's native language," said Swick.

The effort Layla and her foster family are investing in her success is impressive. Foster families have monthly home visits with agency, and often interpreters are used to ensure everyone understands what is happening and can communicate any needs.

During a recent home visit, the Smiths, Layla and Swick were meeting when the interpreter was unexpectedly cut off. To Swick's surprise, Layla understood almost everything being said in English and was able to respond in English! "I am truly blown away by her progress," said Swick. "I think a lot of it is due to how helpful the Smiths have been for her education and going out of the way to connect her with Ethiopian women in the community."

*Name changed to protect privacy.

REFUGEE FACTS

- What defines a refugee? Refugees are individuals who are legally admitted into the United States as refugees due to a well-founded fear of persecution based on at least one of the following: Race, religion, nationality, political opinion, or membership in a particular social group.
- Average length of time a refugee stays in a refugee camp awaiting resettlement is 10 years.
- Resettlement into a third country is the last and final option for individuals in urgent need of humanitarian protection. In fact, less than 1% of the world's refugees are resettled into a third country.
- The overall goal of refugee resettlement is to assist refugees in becoming economically self-sufficient as soon as possible after arrival, primarily through employment.







Fleeing Domestic Violence

Andrea* found herself in an abusive relationship. She didn't see the signs, or maybe there weren't any, until it was too late. Andrea knew that the longer she stayed, the worse things would get for her and her daughter.

Taking only the things that Andrea and her daughter could easily put in their car, they left an unsafe home for the unknown. Trying to make a new life was harder than Andrea thought it would be. She felt horrible to be in this situation. After two years of ups and downs, Andrea and her daughter found a bit of stability and were embraced by a local church.

The church introduced them to resources and encouraged them through the toughest times. It was during this time that Andrea connected with Catholic Charities in Prescott and Housing Case Manager, Terri Young.

In a few short weeks, Andrea was officially approved for the Rapid Rehousing program. The Catholic Charities Team worked quickly to find an apartment and gather all of the household goods that Andrea and her daughter would need.

The following month, Young and her team moved Andrea and her daughter into their new home. "Not only were we able to get her moved in, we got to shop for some needed household items. It's such a blessing to be able to get these two into a home and feeling safe," said Young.

Andrea and her daughter love their new place. They feel safe knowing they have a place and community to call home.

*Name changed to protect privacy

COMMON BARRIERS FOR LOW INCOME HOUSING

- Lack of units (1 for every 10 needed)
- Criminal History
- Domestic Violence
- Loss of Job/Income

- · Lack of transportation for employment
- Health issues
- Mental health/PTSD





A Young Mother Gets a Fresh Start

Chelsye, a mother of four, in Tuba City, AZ never imagined she would face several years without her children. But, after experiencing family setbacks and making some bad decisions, that's exactly what happened.

A few years ago, 35-year-old Chelsye faced a life without her father, whom she was very close to, after he passed away unexpectedly. He had always supported her and was a wonderful grandfather to her four children.

Following the loss and a difficult separation from the father of her children, Chelsye turned to alcohol and drugs as coping mechanisms.

She began a downward spiral of bad decisions, and says, "It was like I was back in high school. I was making the kinds of decisions that I knew were not good, but I just couldn't stop myself." She experienced depression and couldn't seem to find a way out by herself.

That's when Chelsye hit rock bottom. During a visit to Flagstaff, she was arrested for possession and other drug offenses, and ended up in jail. Her husband's father stepped in to care for her children, but Chelsye was beside herself with grief and loss and now faced two years in jail. Not only had she lost her father and separated from her husband, but now she was in danger of losing her children too.

Thanks to Catholic Charities' partnerships with law enforcement agencies in Northern Arizona, Chelsye found out about Juniper House when it was time for her release. She was scared and didn't know where to begin.

But, after speaking with Catholic Charities' program staff, she knew Juniper House could give her the fresh start she needed to be there for her family.

Juniper House is a home in Flagstaff where up to eight women who have been released from jail for minor offenses can live following their release. Ideal candidates are those who do not have a stable and supportive home to go to following release and need a little extra help to get back on their feet. The program is not a traditional sober house. Instead, it allows the residents to become self-sufficient by providing support and resources that allow them to find employment, and ultimately, permanent, affordable housing. Juniper House is one of four Catholic Charities' specialized re-entry group living homes in Northern Arizona.

Chelsye knew she couldn't afford rent in Flagstaff, had no employment, and was nervous about facing sobriety alone. She was determined to build a new life, and Juniper House gave her the start she needed.

She was able to secure a job at McDonald's almost immediately, attended group meetings facilitated by Catholic Charities' staff each week, checked in with her probation officer as required, and faithfully attended AA meetings. She worked hard, paid her affordable rent at Juniper House and saved money. It wasn't easy, but Chelsye says the friendships and support of the other residents at Juniper House are what helped her through the long two years it took to become financially and emotionally stable enough to reunite with her children.

"I was so nervous when I walked in (to Juniper House). I didn't know any of these other women, I wasn't sure I could do it. But, I made friends that still support me today. We help each other through the rough times. That's how we make it," Chelsye says.

Today, Chelsye and her kids, ages 12, 7, 5 and 3 are living together back in Tuba City and she is looking forward to a bright future and watching her children grow up happy and healthy. She is still in touch with friends from Juniper House and they continue to support each other.





Small but Mighty Miracle Makers

We are so proud of student volunteers who participated in Miracle Projects. Through our partnership with Catholic schools, students use their creativity and compassion to raise money and in-kind gifts for our programs.

505 participated \$4,877 donations

3,446 volunteer hours

Worth of in-kind donations



Leadership

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*Deceased

FRAN FITZHUGH

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.

— DEUTERONOMY 31:6



