



Where Miracles Happen Every Day

2018 COMMUNITY IMPACT REPORT

*And do not forget to do good and to share with others,
for with such sacrifices God is pleased.*

— HEBREWS 13:16



Our Mission

Helping our community's most vulnerable with solutions that permanently improve lives.

Vision

We affirm the worth and dignity of all to realize their God-given potential, and we aspire to be the human service agency of choice through quality services, innovation, parish engagement and community partnerships.



People often ask me, “What does Catholic Charities do?” Over the years, I’ve changed my “elevator speech” a few times, constantly revising and condensing it. Lately, I find myself responding, “What DOESN’T Catholic Charities do?” In fact, nearly every time I talk to someone new about Catholic Charities, they say, “I didn’t know you did all that!”

This year, we’ve served more than 22,000 individuals, and that includes veterans, families, at-risk youth, those experiencing homelessness, adoptive families, victims of domestic violence or sex trafficking, refugees, foster children, and many, many more.

We are entering some new territory in the coming year, which the whole team is excited about. We have officially broken ground on the new Legacy Foundation | Christine Stamper Center for Help & Hope, which will be the first of its kind in Mohave County. This much-needed center will provide not only overnight shelter for those experiencing homelessness, but outreach, food, showers,

assistance getting VA and federal benefits, and most exciting, an area for families to stay together when they are experiencing homelessness. Be sure to check our website for updates as we get closer to the estimated opening date in spring 2020. We are so grateful for our community partners, who help us serve the most vulnerable populations throughout seven counties in Arizona.

As we serve our community for the 86th anniversary year, we consider how blessed we are to have such wonderful support from the Catholic Community, but also other faith-based and nonfaith-based partners. And remember, we don’t ask if you are Catholic, we ask if you need help.

Sincerely in Christ,

PAUL S. MULLIGAN
President and CEO

Our Volunteers Are Miracle Workers

Catholic Charities could not exist without our volunteers. We thank them for their time and talent serving our most vulnerable.

6,699
Volunteers

61,427
Volunteer
hours

50
Groups

195
Faith-based
volunteers

75
Parishes

\$1,239,965
Monetary value of
volunteer time



We are so proud of student volunteers who participated in Miracle Projects. Through our partnership with Catholic schools, students use their creativity and compassion to raise money and in-kind gifts for our programs.

201
Students
participated

\$1,355
Cash
donations

3,525
Student
volunteer hours

\$22,067
Worth of in-kind
donations

Numbers at Work

22,150

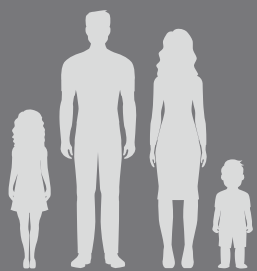
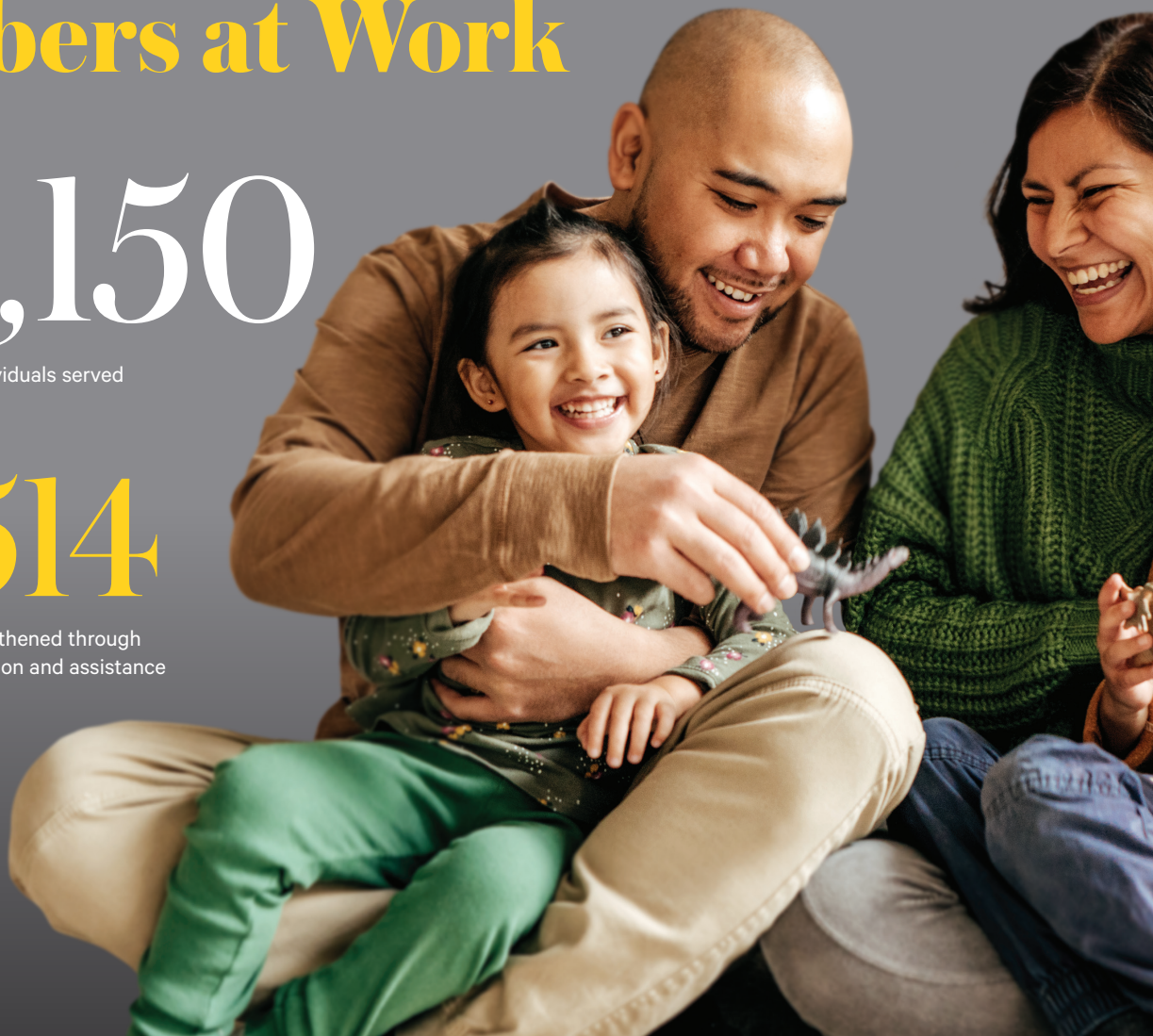
individuals served

1,514

families strengthened through parenting education and assistance

325

assisted with foster care training and/or placement



6,004

refugees and immigrants assisted

6,699

volunteers

415

staff

7

counties provided client services throughout central and northern Arizona



17

assisted through our re-entry program, which helps individuals build a new life after jail

9,590

of youth participated in education, development and peer-leadership through North Star Youth Partnership

1,197

children enrolled in early education





639

experiencing homelessness who received
outreach/assistance

1,196

in affordable
housing

421

veterans experiencing/at risk
of homelessness assisted

571

individuals helped
through counseling



376

helped through our My Sisters' Place and Pathways
programs for victims of domestic violence

80

women experiencing unexpected
pregnancies received counseling
through Joining Hearts

130

victims of prostitution
assisted through our
DIGNITY Diversion program

REVENUE AND SUPPORT

Federal, state and local government grants

\$24,780,382

Private contributions and fundraising

\$5,678,548

Program services revenue

\$1,358,006

Investments and other income

\$209,424

Total revenue and support

\$32,026,360

EXPENSES

Program and service expenses

\$23,917,921

Fundraising

\$1,799,621

Management and general

\$6,950,576

Total expenses

\$32,635,118



What We Do, Who We Serve

Catholic Charities offers 23 programs throughout seven counties in central and northern Arizona.*

We strive to change the lives for the better of the most vulnerable populations.

[DONATE](#) | [VOLUNTEER](#) | [JOIN OUR TEAM](#)

Foster Care & Adoption

Recruits foster families and assists them with home studies and licensing to provide homes for foster children. Helps prepare families for Department of Child Safety (DCS) placement, including short and long-term placement. Also facilitates adoptions of children through DCS.

Joining Hearts

Master's degree-level counselors help women make a life-affirming plan to parent or place their child for adoption. Helps parents develop the necessary skills and resources, including financial preparedness, and offers parenting education and legal resources. Joining Hearts also offers services to potential adoptive couples who wish to adopt an infant or young child.



In-Home Services

Provides case management, advocacy, counseling and parent training to address stressors causing challenges in the family. Assists parents in improving their overall parenting skills. These services are available to families who are referred by DCS.

Families FIRST

Helps parents referred by DCS overcome substance-abuse issues that affect their ability to care for their children and stay employed, with the goal of reuniting families.

Community Cupboard

Provides an array of food and other items for those in need.

Medical Loan Closet

Provides medical equipment such as walkers and wheel-chairs for a nominal donation to low-income elderly, disabled and persons with immediate health needs.

Pathways

The Pathways program moves domestic violence survivors beyond emergency services to provide support needed to regain independence and a life free from abuse. Pathways also offers transitional housing for women and their children who have completed a shelter program.

My Sister's Place

A home-like atmosphere for families fleeing domestic abuse. Beyond being a shelter, clients are empowered through counseling, financial education and victim advocacy to transition them into an independent life free from abuse.



DIGNITY Diversion

(Developing Individual Growth and New Independence Through Yourself)

Catholic Charities recognizes prostituted women as victims of sex trafficking and helps them rebuild their lives. Diversion programs are offered as an alternative to incarceration for sex-trafficked individuals through our unique partnership with the City of Phoenix prosecutor's office.

*Program availability varies by location.

Familias Unidas

Provides legal consultation, document preparation and representation to assist U.S. citizens and immigrants with immigration related issues and helps bring immediate family members to the United States. Citizenship information classes are available.

Refugee Services

Provides comprehensive case management and welcomes refugees to the United States by setting up and furnishing an apartment, purchasing groceries, ensuring adequate and appropriate education placement for children. Services include: assistance with mental health, assistance finding employment, economic sufficiency, community integration, English as a Second Language and immigration Services.

Unaccompanied Minor Foster Care

This specialized foster-care program provides services for foreign-born children who have arrived in the United States without a parent or other adult caregiver. Foster families are provided free training and ongoing support to become licensed in Arizona.



The Refuge Café

The Refuge Café is a social enterprise of Catholic Charities. Located off 7th Ave. in the Melrose Boutique District, The Refuge Café serves breakfast and lunch with ingredients made from scratch. Coffee is made with beans roasted by veterans at MANA House and is ethically sourced. The café sells hand-made products from local refugee artisans and meeting space is available.



North Star Youth Partnership

Helps youth and teens make healthy life choices that prevent pregnancy, gang activity and substance abuse through programs that build self-esteem, leadership skills and community engagement.



Westside Head Start

Provides infants, toddlers and preschoolers with early childhood education and parental support for low-income families or children with disabilities. Services are also available for expectant mothers.

Veterans' Services

Helps low-income veterans and their families who are experiencing homelessness or are at-risk for homelessness achieve stability through supportive services and assistance, such as helping find VA resources and permanent housing.

MANA House and Veterans Outreach Center

MANA House (Marines, Army, Navy, Air Force) is a holistic transitional living program for veterans experiencing homelessness. The



Phoenix program focuses on secure permanent sustainable housing, building self-worth, camaraderie and teamwork. Services include housing assistance, career counseling, assistance with enrollment of VA Benefits, Social Security, Disability and other federal and state benefit programs, and more. The Veterans Outreach Center is located on the Human Services Campus in Phoenix and assists veterans with immediate needs for food, water, toiletries and other basic needs. Assistance in navigating available veterans' resources is also available. Referrals accepted through CRRC.



Re-Entry Program

Provides temporary safe, affordable housing for women and men who face homelessness upon release from jail following a minor drug or alcohol related offense

PATH

(Projects for the Assistance in Transition from Homelessness)

Connects with seriously mentally ill individuals experiencing homelessness and provides referrals for treatment, resources and assists with finding housing.

Housing for Hope

Housing for Hope, an affiliate of Catholic Charities, provides affordable housing for low-income individuals and families in multiple locations throughout central Arizona. Our current housing communities include: Desert Willow in Tempe, Ironwood Village in Glendale, Laurel Tree in north central Phoenix, Rosewood Court in central Phoenix, and Verde Villas in southeast Phoenix. Single family homes are available in Goodyear.



Parents as Teachers

A free, in-home program for pregnant women and families with children ages 0-5. The program aims to ensure that all children will be school-ready. Services include developmental, vision, hearing and health screenings, community resource referrals and monthly family group meetings.

Parish and Community Engagement

Collaborates with individuals and organizations to address the needs of the community's most vulnerable members. Builds awareness and support through parishes and community partners with Catholic Social Teaching programs.

Counseling

Guides individuals, families, adolescents, parents and children in addressing issues of anxiety, depression, domestic violence, grief, pregnancy, sexual or substance abuse and self-esteem. Fees are income-based and some AHCCCS plans are accepted.



Parents as Teachers Program Builds Parents' Skills

Matthew learned from his parents growing up that kids are to be seen and not heard. Now, as a parent himself, he and his wife Alexis are trying to change their generational parenting story. They are working with Kacey, a Parent Educator with Parents as Teachers.

Alexis and Matthew have regular visits with Kacey and share their experiences with her. In turn, Kacey assists the couple as they work with their oldest daughter, who has sensory needs, as well as ensure their youngest daughter is reaching developmental marks.

Matthew says, "Through Parents as Teachers, I have come to see that the things my children do have meaning."

He can see the growth in his children and has matured as a parent. He now understands how to respond to his children's needs.

By focusing on the needs of the family, Kacey assisted in getting their oldest daughter enrolled in developmental preschool, private therapies, and she scheduled a screening for Autism.

Kacey has been, and continues to be, an essential source of support for this family, assuring that Mathew and Alexis are the best parents they can be – the parents who are able to not only hear their children, but really listen to them.



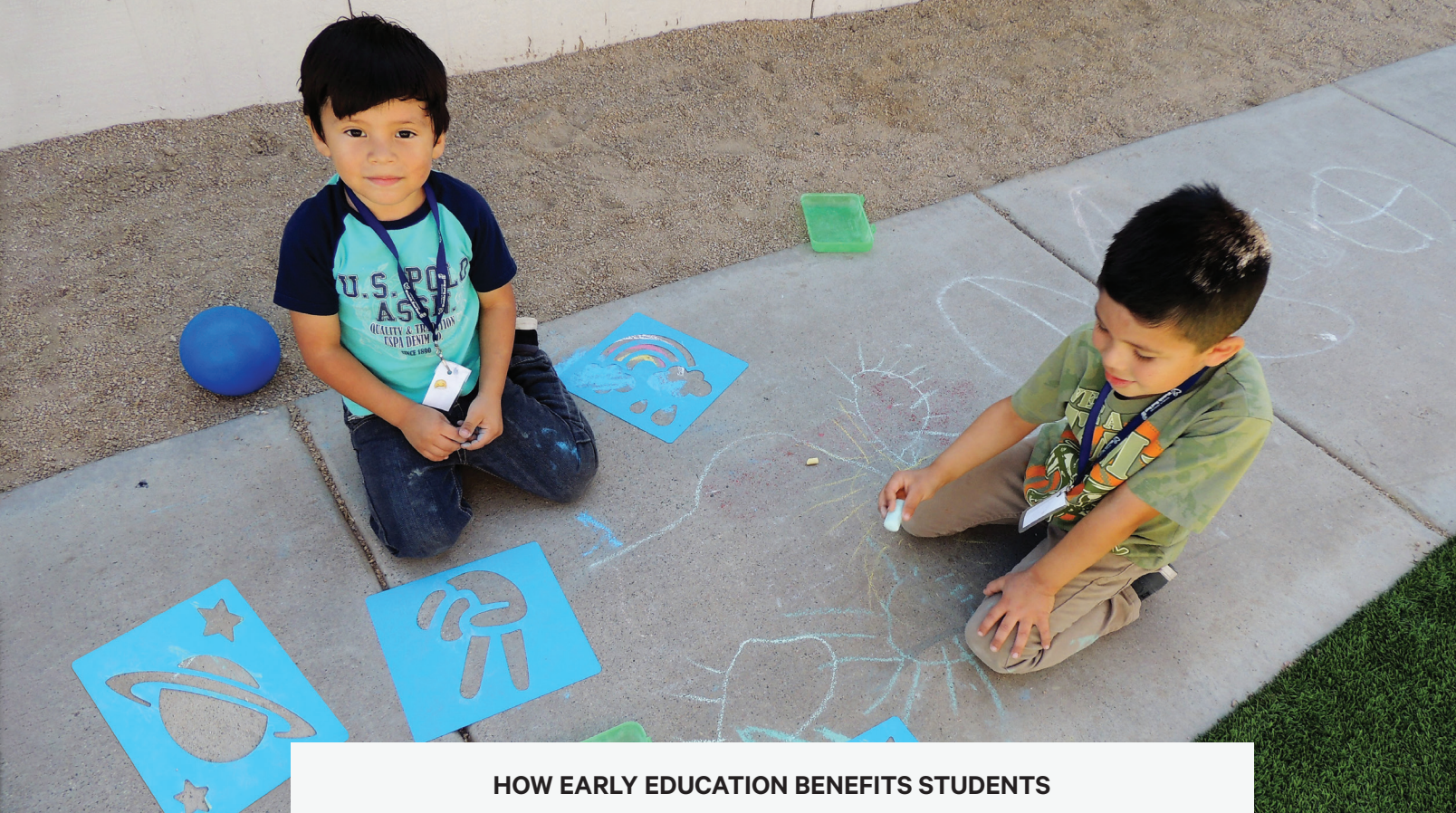
Parents as Teachers®
Model Affiliate

PAT PROGRAM RECOGNIZED AMONG TOP PERFORMERS NATIONWIDE

The Parents as Teachers program was named a Blue Ribbon Affiliate by the Parents at Teachers National Center in honor of the program's top performance in the international network.

To earn Blue Ribbon Affiliate status, Parents as Teachers underwent a rigorous self-study and National Center review process. Among the program's greatest strengths, as identified in the assessment, are strong leadership and infrastructure, including comprehensive protocols to guide service delivery.

Congratulations to the Parents as Teachers team!



HOW EARLY EDUCATION BENEFITS STUDENTS

Head Start children are:

- Less likely to be arrested
- Less likely to smoke or do drugs
- Have, on average, higher earnings as adults

38%

vocabulary deficit reduction during the program year.

31%

less likely to be held back a grade.

Westside Head Start Helps Build Generations of Bright Futures

“The teachers would say, ‘Yeah, you are just like your mom,’” Tameka Perrin smiles, sharing about her children’s time while being enrolled in Catholic Charities Westside Head Start (WSHS).

Tameka Perrien is the first of three generations in her family to attend the Head Start early education program. She grew up on the east coast, where she attended a Head Start program as a child. She enrolled her first two children in the same Head Start program to be taught by the teachers who first taught her.

Once Tameka and her family moved to Arizona, the first thing she looked for was a Head Start program to enroll her other children in to ensure they receive the same quality education she did. Her seven children, ranging in age from the oldest of 25 to the youngest, who is 1 year old, have all been a part of Head Start. Today, she even has a grandchild enrolled in the program.

Not only has Tameka been a participant and advocate for the program, she has also been an active volunteer. Tameka currently serves as the chairperson of Policy Council, which is the parent-led, governing body for WSHS.

WSHS helped more than 1,100 children last year. Most families qualify for no-cost services due to low income. With enrollment comes regular hearing and vision screenings, meals and snacks, and even free books to help their child learn to read, plus more. Parent/teacher communication is the foundation of the program.

Studies show that children who attend Head Start grow up to be happier, healthier adults and are less likely to engage in criminal activity.





Finding a Place to Call Home with Affordable Housing

Before working with Catholic Charities, Natalia* moved between the three main homeless shelters in Flagstaff for the last three years. She fled an extremely physically and emotionally abusive spouse. At the age of 58, she became homeless in order to escape her abuser. Natalia moved into housing at Northern Sky in Flagstaff last year after receiving help and support from the Catholic Charities team. In the year that she has been housed through Catholic Charities, Natalia has had time to heal, decompress, and recover from her traumas. And, she can finally take care of her multiple health problems, which she had no way to treating while she was homeless.

Today, Natalia has a home where she can be safe, and she has been able to make it to her medical appointments, tend to her safety and maintain and improve her overall well-being. Natalia is involved in her recovery and reintegration into the community. She chooses to attend support groups weekly, has supportive friends in the community and has made Northern Sky her home.

Natalia loves her home at Northern Sky and finds pleasure in the small things like hearing the crickets outside her unit on warm summer nights. Natalia expressed how safe and loved she feels knowing that she has a stable home to come back to every night. And Natalia finally lives in a place that feels like home.

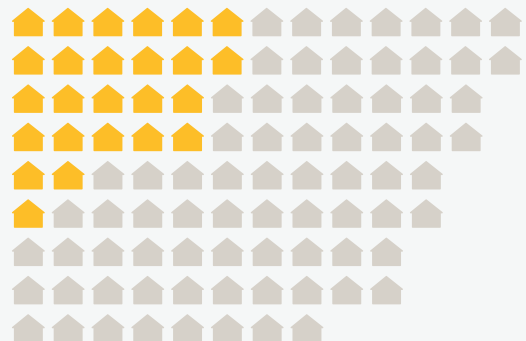
*Pseudonym used to maintain privacy.



Phoenix is the 10th tightest rental market in the nation.

25

There are just 25 affordable/available units for every 100 extremely low-income households.



Source: Arizona Republic, "Critical Mass: Arizona is now third-worst in the nation for affordable housing, March 2019

Foster Child Builds Her Own Family as a Foster Parent

Tracey was too young to remember her earliest days, but they would shape the rest of her life. She spent the first six months of her life in foster care through a Catholic Charities agency in the midwest before being placed with the parents who would adopt her.

Thirty years later, Tracey and her husband, Bob, wanted to start a family.

"We knew what Catholic Charities had done for me, we knew we wanted to go through them to foster," said Tracey. Tracey and Bob felt God leading them to become foster parents and chose to register through Catholic Charities Community Services.

Since becoming foster parents, they have provided homes for children ages newborn through 7 years old. "Each child we've had has prepared us for the next one," said Tracey.

Through the Catholic Charities' experience, Tracey and Bob have adopted two sons from foster care. Their oldest son is now 11 years old and is a kind and caring child. Recently, he got sad when he realized that his dad didn't have a "gotcha day" to celebrate like he did, a day Tracey and Bob created to celebrate their kids' adoption into their family. He has come a long way since he first came to live with them, but through the challenges comes a whole lot of love to bring them together.

While they don't know what the future holds, they are hoping to buy a bigger house so they can provide respite foster care to other foster families needing a break. It's too early to say if they would ever welcome another child into their family, but it's a possibility.

YOU CAN HELP BY BECOMING A FOSTER PARENT

Catholic Charities Community Services trains and licenses foster care families throughout central and northern Arizona. Our caring team will walk you through the process and help you along the way to becoming a foster parent. Sign up for one of our information sessions today at CatholicCharitiesAZ.org.

15,000

children are in need of foster homes, but there are only 4,500 licensed homes to care for them.

Source: Department of Children's Services Semi-annual Report March 2019

24,000

reports of abuse or neglect received by the Department of Child Safety every six months.





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JULY 1, 2018 - JUNE 30, 2019

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*Deceased

*Rejoice in our confident hope. Be patient in trouble, and keep on
praying. When God's people are in need, be ready to help them.
Always be eager to practice hospitality.*

— ROMANS 12:12-13

